

# BERGEN NEW JERSEY *County*

*Bergen County Executive*  
**James J. Tedesco III**  
*and the*

**Board of Freeholder Commissioners**

*Cordially invite you to*

**GET FIT**  
*Bergen*

## T'AI CHI CHIH

### FREE FITNESS CLASSES

ALL-INCLUSIVE RECREATION PROGRAMS



*Free* classes sponsored by the Bergen County Departments of Health Services, Human Services and Parks and Recreation

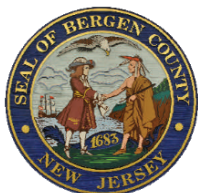
**EVERY MONDAY**  
**SEPTEMBER 21 - OCTOBER 19, 2020**  
**TIME: 5:15- 6:15 PM**

**SIGNED WAIVER REQUIRED • NO CLASS IF RAINING**  
**MASKS REQUIRED • MAINTAIN SOCIAL DISTANCING**

**Registration is required: <https://getfitfall.eventbrite.com>**

**Saddle River County Park • Ridgewood Duck Pond Pavilion**  
**1133 E. Ridgewood Ave, Ridgewood, NJ 07450**

Special accommodations: Contact Marla Klein • 201-274-5094 • [mklein@co.bergen.nj.us](mailto:mklein@co.bergen.nj.us)



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*Bergen County Executive*

**Board of Freeholder Commissioners**

Mary J. Amoroso, *Chairwoman* • Dr. Joan M. Voss, *Vice Chairwoman* • Steven A. Tanelli, *Commissioner Chair Pro Tempore*  
David L. Ganz • Germaine M. Ortiz • Thomas J. Sullivan • Tracy Silna Zur